

CERTIFICATE OF PARTICIPATION

This is to certify that

Jean Mcilwaine

Has successfully participated & completed the
5km Shift Wellness - Summer Trail Run
held at Walter Sisulu Garden.

TIME 00:56:23

PACE 11:15/km
OVERALL 66 of 114

GENDER 36 of 72
50 - 59 7 of 10

27 January 2019, Sun

Date



BoutTime

Signature

